

## RELAY MARATHON FOR THE RUNNER

### **What is it?**

The Relay Marathon is a non-competitive relay run.

### **When and where will it take place?**

In Milan, on the same day of the Milano Marathon (the relay sets off at 9.45 am, three quarters of an hour later the individual marathon).

### **How is the course?**

Start and finish are the same as the Milano Marathon and are set in Corso Venezia. The course is divided in four legs.

### **How long are the legs?**

The legs, all the same length, are between 6- and 14-km long.

### **Who can participate?**

The participation in the Relay Marathon is open to 4-person teams, with at least 16-year-old runners in possession of a medical certificate for non-competitive sporting activity.

### **How can you participate?**

The Relay Marathon is the main charity fundraising event in Italy. This is why, in order to participate, each team must choose a non-profit organization selected from those listed on the official website (almost 100 working in a variety of third-sector areas).

### **How much does the registration cost?**

The Relay Marathon does not have a registration fee in the traditional sense of the word. The registration fee is "given" to each team by the chosen non-profit organization, upon reaching a minimum donation and/or fundraising to support the indicated charity project. Each non-profit organization is free to set the minimum fundraising amount to be achieved.

### **Can you chose only one non-profit associations in the list?**

Yes, because the Relay Marathon is linked to a solidarity program called the Milano Marathon Charity Program, which a limited number of associations can join each year.